You have been referred by your physician for testing with our audiologist, Kim Brown, Au.D., CCC-A. There are many services and tests we can perform that will allow your physician to determine the diagnosis for your condition.

Your physician has requested the following test(s). We have provided a brief description and any instructions you may need prior to testing.

**Comprehensive Audiological Examination:**
The comprehensive audiological examination includes tests of the outer, middle, and inner ear. Testing will evaluate these different systems to determine if the structures of the ear are working appropriately, if hearing loss is present, what might be the cause of symptoms, and if medical intervention is necessary. You may be referred for this testing by your physician for reasons other than hearing loss, such as for pressure in the ear(s), sounds (ringing, clicking, roaring) in the ear(s), dizziness, and ear pain. The evaluation takes approximately 20-30 minutes. No further instructions are necessary for this testing.

**Videonystagmography (VNG):**
This is a test that aids in diagnosing the cause of vertigo and other symptoms. The test takes approximately 30-60 minutes and may include, but is not limited to, the following subtests which require you to wear a set of goggles with video cameras to record your eye movements: (1) following lights with your eyes; (2) sitting and lying in different positions; (3) moving from one position to another with assistance; and (4) having warm and cool air placed in the ears for one minute each. Patients are required to have someone drive them home as they may become dizzy with testing.

*VNG tests are very delicate and are influenced by many things.*
*The next page contains a list of instructions that you must follow prior to testing.*
*Non-compliance may result in rescheduling your appointment.*

***SEE NEXT PAGE FOR VNG TESTING INSTRUCTIONS***
VNG INSTRUCTIONS

48 HOURS PRIOR TO TEST

① No Alcohol. This includes liquor, wine, beer, malt beverages, etc.

② Medications:

1.) If you have taken any medications daily for a year or longer, please do not discontinue.

2.) Continue life-supporting medications such as heart, diabetes, blood pressure, seizure, etc.

3.) All other medications (over-the-counter and prescription) should be discontinued 48 hours prior to the test. Examples that should be discontinued include, but are not limited to, the following:

- Sleeping Pills
- Barbiturates
- Muscle Relaxants
- Tranquilizers
- Anti-Dizzy
- Anti-Depressants
- Allergy and Cold Medications
- Pills Pain Medications
- Anti-Nausea Pills

4.) Consult your prescribing physician to see if it is safe to discontinue medications for depression and anxiety.

24 HOURS PRIOR TO TEST

① No caffeine.

DAY OF TEST

① No food 2 hours prior to test.

① No cigarettes or tobacco products.

① Do not wear make-up for the test.

① Do not wear contact lenses for the test.

① Wear comfortable clothes. Women may not want to wear skirts/dresses.